

Backpacking With A Dog

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Pre-Trip Checklist

PREPARATION

- **Know the rules**
 - Is off leash allowed?
 - Off leash in wilderness required?
 - Leave no trace wilderness?
 - Pack out or bury waste?
- **Check with your vet**
 - Vaccinations up to date
 - Tick medication
 - Pick up free tick removal tool
 - Is your dog healthy enough?
- **Training**
 - Acclimate your dog to new backpack or harness
 - Are their paws ready for long hikes?
 - Can your dog heel or sit when commanded?

PACKING

Essentials

- Dog First Aid Kit
- Rope For Dog Run
- Portable dog bowl
- Bio-degradable poop bags
- Packable shovel

First aid kit

- Tick removal tool & tweezers
- Paw care balm/wax
- Extra booties (at least 1-2)
- Non-adhesive bandages
- Bitter self-sticking wrap bandages
- Bandana or triangular bandage
- Hydrogen peroxide/Neosporin

Gear

- Dog run line
- Dog backpack and/or harness
- Portable food & water bowl
- Hands free leash
- Poop bags & shovel
- Booties
- Dehydrated dog food
- Dehydrated dog treats
- UV water filter
- Extra sleeping pad
- Extra footprint/groundsheet
- Dog sleeping bag or quilt
- Dog life jacket
- Dog goggles